

VIII International Congress
"Balneotherapy in Health Resort Treatment and Medical Rehabilitation Programs"
in conjunction with World Water Day

Dates: 20-21 March 2025

Место проведения: Arbat Stars Hotel, “National Medical Research Centre for Rehabilitation and Balneology” of the Ministry of Health of Russia

32, Novy Arbat str., Moscow

Format: hybrid: face-to-face with online broadcasting.

20 March 2025 (Thursday)		
9.00-10.00	Arrival of the guests. Registration.	
10.00-12.00	"Esenin" Hall	
	Opening of the Congress. Signing ceremony of the cooperation agreement with Lomonosov Moscow State University (Faculty of Geography) (to be agreed on 20.03.25 or 21.03.25) Section “Scientific and Methodological Support for the Development of Balneotherapy, Recreation and Landscape Therapy” Jointly with MSU Moderators: V.I. Kruzhalin, N.N. Zubareva.	
12.00-13.00	Coffee-break. Visiting the exhibition (“Tolstoy” Hall. The lobby of the 2 nd floor)	
13.00- 16.30	"Esenin" Hall	Conference Hall “National Medical Research Centre for Rehabilitation and Balneology” of the Ministry of Health of the Russian Federation
	Offsite meeting of the Committee on Entrepreneurship in Tourism of the Chamber of Commerce and Industry of Russia Moderators: Y.A. Barzykin, M.Y. Yakovlev.	Section “Balneology Today: Scientific and Practical Issues” Moderators: L.A. Marchenkova. Young Scientists Section “Balneological Zoning: Patterns Determining the Practical Application of Natural Therapeutic Resources” Moderators: T.V. Konchugova.

	Test and Expertise Centre “National Medical Research Centre for Rehabilitation and Balneology” of the Ministry of Health of the Russian Federation	Balneotherapy Department “National Medical Research Centre for Rehabilitation and Balneology” of the Ministry of Health of the Russian Federation
	Master Class	Master Class

21 March 2025 (Friday)		
9.00-10.00	Arrival of the guests. Registration.	
10.00-12.30	“Vysotsky” Hall	
	Greetings. Plenary Session “Management, Marketing and HR issues: We are Improving and Developing the Industry”. Moderators: N.N. Zubareva, K.V. Kruzhalin.	
12.30-13.00	Coffee-break. Visiting the exhibition (“Tolstoy” Hall. The lobby of the 2 nd floor). Group photo.	
13.00- 15.00	"Esenin" Hall	“Vysotsky” Hall
	Section “Russian and International Scientific and Practical Experience in Balneology” Moderators: N.N. Zubareva, A.A. Pukhayeva, S.A. Kairgeldina.	Section “Regulatory Framework and Rational Use of Mineral Waters: Protection of Mineral Water Deposits, Quality Control, Ecological Problems” Moderators: M.Y. Yakovlev, M.V. Kiseyev.
	Signing ceremony of the cooperation agreement:: <ul style="list-style-type: none"> ▪ “Research and Practical Centre of Balneology” of the Federation of Trade Unions of Uzbekistan; ▪ “National Research Institute of Medical Rehabilitation” of the Ministry of Health of Azerbaijan 	
	Conference Hall “National Medical Research Centre for Rehabilitation and Balneology” of the Ministry of Health of the Russian Federation	Balneotherapy Department National Medical Research Centre for Rehabilitation and Balneology” of the Ministry of Health of the Russian Federation
	Section “Technologies and Methods of Using Mineral Waters and Therapeutic Muds. Methods of Expertise: Technologies and Innovations”	Master Class (“St. Petersburg Institute of Innovative Medicine”)

	Moderators: Y.V. Rychkova	
15.00- 15.30	“Vysotsky” Hall	
	Closure of the Congress	

**List of the main topics planned to be considered at the VIII International Congress
"Balneotherapy in Health Resort Treatment and Medical Rehabilitation Programs"**

1. Regulatory framework and rational use of mineral waters: protection of mineral water deposits, quality control, ecological problems.
2. Technologies and methods of using mineral waters and therapeutic muds. Methods of expertise: Technologies and innovations.
3. Management, marketing and HR issues.
4. Scientific and methodological support for the development of balneotherapy, recreation and landscape therapy
5. Concept of the role of tourism for the improvement of health of the population.
6. Regulatory framework and rational use of mineral waters: protection of mineral water deposits, quality control, ecological problems
7. Russian and international scientific and practical experience in balneology.